

# WHAT'S ON TERM 1 2023

## Monday



### PlayConnect Plus

A therapeutic program supporting social engagement through play for children from birth to 5 years

**10 -- 11:30am**

Commencing **20th February**

**Bookings essential**

Erica 0428 144 321



**PLAY PALS**  
*Community*  
**PLAY TIME**

North East Community  
 27 - 31 Queensborough Ave  
 Hillcrest

Monday during term

**9:30 -- 11am**

Cost \$2 per family

## Tuesday



MI-DBT Group  
 Referral only  
 Helen Mayo House



CITY OF  
**Port Adelaide Enfield**

**Greenacres Library**

Baby Bounce 0 - 2 yrs  
 Toddler Time 18mths- 3 yrs  
 Story Time 2 - 5 yrs  
 Active Story Time

Click on link for session times  
<https://www.cityofpae.sa.gov.au/explore/libraries/programs-and-events>



## Wednesday

### Child and Family Health Service

Child and Family Health Service  
[Home \(cafhs.sa.gov.au\)](http://Home(cafhs.sa.gov.au))

Early Parenting Group  
 Parenting for the first time  
 attendance is referral based  
 call 1300 733 606



### Baby Massage

Infant massage is a playful, relaxing technique which will support your bond with your baby

5 week program  
**1 - 2:30pm**  
 Commencing **15th February**

**Bookings essential**

Erica 0428 144 321  
 erica.knapp@sa.gov.au  
 Zainab 0413 054 604

## Thursday



### Learning Together Little Movers

A supported Playgroup for families with children who are confident movers - 2 years

**9:30 - 11:am**

Commencing **2nd February 2023**

**bookings essential**

contact Nicole or Erica on  
 8261 2733 or  
 0407 279 562



### Baby Playgroup

A supported Playgroup for families with children who are Birth to confident mover

**12 - 1pm**

Commencing **2nd February 2023**

**bookings essential**

contact Nicole or Erica on  
 8261 2733 or  
 0407 279 562

## Friday



### Minya Mob

Aboriginal Community Playgroup  
 Supporting families families and children culturally

**11:30 - 1:30 pm**

Commencing **10th February**

